



Championship Care!



2009 NBA-D  
Champs



2006-2009  
Broomfield Hockey

# FIT WELLNESS CENTER

Chiropractic-Acupuncture-Massage-Nutrition-Rehab  
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Parents, Coaches, and Athletes,

The upcoming sport seasons are quickly coming upon us. That means it is time for athletes to get their pre-participation physicals performed. In an effort to make this process more convenient and accessible for athletes and their parents, we have implemented a community service program that allows student-athletes to obtain their physical within 3 days from initial contact in most cases. The cost of the physical is \$40. If mentioned at the time of the physical, we will donate \$10 per physical to the sports program of the athlete's choice (i.e. Broomfield Rec. Center, Broomfield Blast Soccer Club, Broomfield High School, Legacy High School, etc). We are located in the King Soopers Broomfield Marketplace about ½ mile west of Broomfield High School at the corner of US HWY 287 and Miramonte.

The purpose of the sports physical is not only to determine the general health of the athlete but also to screen the athlete for conditions that may predispose the athlete to injury to them or fellow athletes. Parents are strongly encouraged to accompany their minor child because we desire to discuss specific at-risk athlete's health or conditions. The parent or guardian should also bring any pertinent medical records regarding previous evaluation(s) of the conditions below.

- |   |   |
|---|---|
| ✓ Shortness of breath or chest pain at rest or exercise                               | ✓ Hemophilia or clotting disorder   |
| ✓ Symptomatic heart murmurs   | ✓ History of multiple concussions within the last year                    |
| ✓ Hypertrophic cardiomyopathy (or family history of sudden cardiac death prior to 50) | ✓ History of uncontrolled seizures or epilepsy                            |
| ✓ Fainting during exercise  | ✓ Active communicable disease (including mono, ringworm, and skin herpes) |
| ✓ Congenital heart defects  | ✓ Possible pregnancy  |
| ✓ Severe vision impairment (worse than 20/60 corrected vision)                        | ✓ Marfan's disease  |
| ✓ Diabetes  | ✓ HIV/Hepatitis   |
|   | ✓ Recent broken bone(s) within the last 6 weeks                           |

The athletes will need to bring the following items to the examination:

- Completed & signed "Consent to Examination" form (completed by parent or guardian).
- Completed & signed "Pre-Participation Physical Evaluation" form (completed by parent or guardian).
- Completed & signed Immunization History or exemption form.
- Any other relevant medical reports or prior evaluations/consents.
- Comfortable clothing (shorts and short-sleeve shirts unless temperature is inappropriate).
- Payment in cash, credit card, or check. Please make check payable to Fit Chiropractic.

If you have any further questions please visit my website [www.BroomfieldWellness.com](http://www.BroomfieldWellness.com) or contact my office.

Yours in health and sport,  
Brian Kenyon, DC, MBA, BS-Exercise Science